

Newling News



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80 Chapel Street
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Term 3 Week 5

15th August 2016



Student of the Week

Rumbek

Rumbek is a wonderful reader, and an outstanding achiever in the Kindergarten class. He can spell almost any word and can read two digit numbers.

Rumbek has been working hard on his writing and with the assistance of his mother is achieving some amazing results.

Rumbek is truly Mr Persistent!!

PRINCIPAL'S MESSAGE

Transition

Our youngest students will this week start the next big step in their learning when they begin attending school two days each week. Transition will increase to two days, Thursday and Friday from this week until the end of the year.

Mrs McRae has noted that the children are making significant progress and with the extra days starting will be even more comfortable with school.

We look forward to seeing lots of smiling little faces this Friday in the Transition class.

Premiers Reading Challenge

Newling students have been making wonderful progress and reading as much as possible to improve their count for the Premiers Reading Challenge. While the challenge concludes this week we hope to see all students continue with their increased interest in reading for enjoyment and pleasure.

Touch Football

Best of luck to the boys who will play against Drummond this week in the next round of the State Knockout competition.

The boys and girls Touch Football teams will play in the Knockout Carnival this Thursday at Harris Park. Hopefully the sun will be out and conditions great for a good day of competition. Good luck to the two teams.

Thank you to our students

It was wonderful to return to Newling from long service leave today. The reception and wonderfully warm welcome back given from the students and staff was great.

One of the greatest parts of working at Newling is the wonderful sense of community and belonging our students have and this was clearly demonstrated this morning. The friendliness and kindness shown by the students made me very happy to be back at school!

Murray Cox

Principal

Important Dates

AUGUST

PSSA Touch Football Knockout - 16th

Touch Football Gala Day - 18th

Yr 4/5/6 Gymnastics - 19th

Book Fair - 22nd to 26th

Small Schools Soccer Knockout - 23rd

Yrs K - 2 Gymnastics - 26th



Happy Birthday to:

Tayla - 14th

Jordan - 16th

Hayden - 17th

Anneika - 18th

Abby - 19th

Isabella - 20th

P and C Notices

We welcome all new parents and friends of Newling to join our P and C Association. Meetings are held upstairs in the main office block. Afternoon tea is provided and toys are available for young children who attend with parents.

A reminder to parents to notify the school about your child's health

We welcome information from parents about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child's health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child's health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter's health needs or as otherwise required by law.

'WHAT STYLE CONCERT' with Gillian Eastoe and Terry Murray

This energetic and entertaining show which incorporated learning and fun with student and staff participation was enjoyed by all at school on Friday.



NEWLING CANTEEN NEWS



The new Canteen Menu for Terms 3 and 4 was sent home with the newsletter last week.

Copies are available from the office.

New - Try a Chicken/Corn Pasta, Hot Veg tub or Ham/Pineapple Hot potato.

Fresh seasonal fruit is available for Recess and Lunch.

Separate bags required for Recess and Lunch orders.

Correct money should be included in bags wherever possible please.

SCHOOL UNIFORMS

The uniform pool is in urgent need of Girls Pinafores/Skorts, Boys Shorts/Trousers in all sizes and size 4 - 7 polo shirts.

Donations of any uniform items would be gratefully accepted at the office.

Intersport at 151 Rusden Street stocks the full range of Newling school Uniforms - phone 6771 2344.

**AIA Vitality
MINIROOS
FOR GIRLS**

**REGISTER
NOW**

AIA Vitality MiniRoos Kick-Off for Girls is an introductory football program for girls aged 5-11 starting October 2016.

Visit the website to find a location nearest you.



www.northernnswfootball.com.au/miniroosforgirls

 **variety**
the children's charity

 **BEROWRA TO BOWEN BASH 2016**

Naming Rights Sponsor
brydens
lawyers

21-30 AUGUST 2016



Raising money for Aussie kids in need
VARIETY BASH 4A GOTTA DO IT

variety START AT BEROWRA SYDNEY

variety FINISH AT HAMILTON IS.

| | |
|-----------------------|--|
| Sunday 21st August | Berowra Gleniston Armidale |
| Monday 22nd August | Armidale Bellata Lightning Ridge |
| Tuesday 23rd August | Lightning Ridge Bolton Charleville |
| Wednesday 24th August | Charleville Blackall Longreach |
| Thursday 25th August | Longreach - LAYDAY |
| Friday 26th August | Longreach Muttuburns Hughenden |
| Saturday 27th August | Hughenden Greenvale Charters Towers |
| Sunday 28th August | Charters Towers Boulton Bowen |
| Monday 29th August | Bowen Skipton Hervey Bay Hamilton Island |
| Tuesday 30th August | Hamilton Island and the Final Night Dinner |

varietybashnsw.com.au

For more information on this fantastic event please contact the Variety Bash Office on:
Phone: (02) 9819 1009 E-mail: stuart.telford@variety.org.au

CARS AT DRUMMOND MEMORIAL PUBLIC SCHOOL FROM 8 AM



HAVE A LOOK AT SOME OF THE ACTIVITIES WE OFFER

 **Martial Arts** - seven forms to try - Aikido, Karate, Judo, Taekwondo, Muay Thai, Kempo Jiu Jitsu (Japanese Sword), Brazilian Jiu Jitsu as well as Boxing.

 PCYC Armidale offers a range of sports activities including Archery, Futsal, Table Tennis, Basketball and Fencing (in conjunction with the UNE Fencing Association). Contact the club for details.

 PCYC Armidale offers numerous dance classes, including Break Dance, Jazz, Contemporary, Ballet and Highland Dance.

 Gym and Weights Room - the weights room has been given a new lease of life with a full upgrade of equipment including the AlphaFit Rig and Ski Erg rowing machine as well as new cardio equipment.

 **KidsCare** - PCYC Armidale offers both After-School and Vacation Care Services for 5 to 12 year olds. We'll even pick them up from school for you.

 Sign up for our fully accredited program. Learner Drivers who complete the course will receive 20 hours of logbook credit.

 **Weight Watchers** Group meetings held twice weekly.

Plus much more. Visit our website or call in and pick up an activities roster
To enrol in any of our activities or programs call **4772 1023**
Email armidale@pcycnsw.org.au or call into the club at 176 Rusden St.
Proudly Supported by **The Armidale Express**

[Facebook](https://www.facebook.com/pcycnsw) www.pcycnsw.org/armidale

HOCKEY NEW ENGLAND INDOOR HOCKEY COMPETITION



In 2016-17 HNE offer three primary divisions along with U13 and U 16s. Primary divisions are on Fridays and secondary games on Thursday evenings.

HNE can provide sticks for those that require them. The teams are mixed and six a side and played over two 20 minute halves. Indoor Hockey is a great summer sport played in a friendly and safe environment.

HNE would like to offer the children an opportunity to participate in this sport.

Contact HNE Indoor Convenor Paul Eichorn Ph 0427 668 915 or email indoor@hockeynewengland.org.au

ABSENTEE NOTE

(To be returned to Classroom Teacher first day back after absence)

STUDENT'S NAME Class Date of Absence/s

Reason for Absence

.....
.....

Signature of Parent/Caregiver Date





North West Zone Carnival

This carnival will take place on Friday 2nd Sept. 2016. Congratulations to the following students who have been selected to represent Newling at the Zone Carnival.

Logan - 11 Years Boys High Jump
Alistair - 11 Years Boys 200m
Latahla - 9 Years Girls 100m
Gage - Junior Boys Shot Put
Anneika - Senior Girls Shot Put
Tyler - Junior Boys Discus

A consent form and order of events will be sent home next week. Robyn Norman

Small Schools Soccer Knockout

On Tuesday 23rd August, the Newling **Boys Soccer team** will travel to Bellingen to play Repton Public School in the Small Schools Soccer Knockout.

If we are victorious, we then play Smithtown Public School later that day and if we win that match we will progress to round 3.

Travel will be by school bus and notes will be sent out this week to the soccer team. Brad Smith

Touch Football

The **PSSA Touch Football Knockout** will be held on Tuesday 16th August. Newling Boys team vs Drummond Memorial Public School at D.M.P.S. from 1.15pm - 2.45pm. If we win we progress to Round 3 of the State competition.

Armidale Primary Schools Touch Football Gala Day is on Thursday 18th August at Harris Park from 9.15am - 2.30pm. Newling Boys and Girls Teams will participate.

Travel will be by school bus, selected students are to return notes to office ASAP please. Brad Smith

Armidale Auskick (AFL)

On Saturday August 6th 2016 Year 5 student Jordon took part in an Auskick AFL game at Metricon Stadium on the Gold Coast.

The Armidale Auskick Kookaburra teams played an exhibition match against Inverell.

The game took place during the half time break in the AFL match between Gold Coast Suns and the Greater Western Sydney Giants and the Juniors took the field wearing jerseys in GSC and GWSG club colours.

Both teams will play again when Tamworth Auskick hosts a Junior Gala Day on August 21st.

Well done Jordon.



AWARDS ASSEMBLY

Congratulations to all the children who received a Bronze, Silver, Gold Award at the special assembly on Friday. Children are nominated by their class teacher and receive an award only when all staff agree that the child has continually met the criteria for the award.

We look forward to the next awards assembly in 10 weeks and presenting many more of our hard working students with badges and certificates. The awards winners for Term 2 were:

Kinder - Bronze Lacy, Caeden, Phillip

Year 1 - Silver

Lilly, Abby, Chace

Year 3 - Bronze

Marrenyingka

Year 4 - Silver

Sophie, Liam

Year 6 - Bronze

Kelli, Jessica

Year 2 - Gold

Kadyn

Year 4 - Bronze

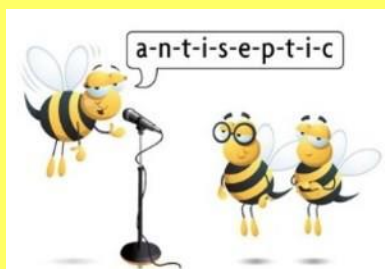
Tyler, Misheel, Seth

Year 5 - Gold

Ashleigh

Year 6 - Gold

Tegan



PREMIER'S SPELLING BEE

Last Wednesday 10th August Newling held its Premier's Spelling Bee in the school hall. Twenty eight Yr 3/4 and eighteen Yr 5/6 students took part in the competition.

Each student gave their very best displaying a great deal of persistence, resilience and confidence.

The winners of the Junior section were:

First - Maykayla and the Runner Up - Anita.

The winners of the Senior section winners were:

First - Isabella and the Runner Up - Dakota.

Congratulations to these four students. They will represent Newling at the Regional Final in September.
Robyn Norman.



When: Monday 22nd - Friday 26th August

Where: Library Extension Room.

Opening Hours: 9- 9:30am 11:30 - 12 noon
and 1:15—2pm

The Book Fair Colouring Competition will be available to all students during Library lunch time sessions.



Cordials, soft drinks and sports drinks

Cordials, soft drinks and sports drinks are high in sugar, and often contain artificial colourings and flavourings as well as caffeine.

For these reasons, cordials, soft drinks and sports drinks should be reserved only for special occasions.

Too much of these drinks lead to excess consumption of sugar and kilojoules, which may lead to weight gain and tooth decay.

Take a look at the sugar content found in these:

As you can see, water has zero spoons of sugar making it the best option. Choose water as a drink whenever possible.

| Drinks | Teaspoons of sugar |
|-------------------------------|--------------------|
| Can of soft drinks – 375 mL | 8 to 9 tsp |
| Bottle of soft drink – 600 mL | 15 to 18 tsp |
| Fruit juice drink 250 mL | 3 to 5 tsp |
| Cordial – 250 mL diluted | 4 to 5 tsp |
| Water | 0 tsp |

Quote of the week

“Success comes in cans, failure comes in cannots”