

Newling News

Quality Education in a Caring Environment

Term 3 Week 10

L'S FAPPE

- Years K-4 Swimming and Water Safety Program-
 - Monday 16th until Friday 27th September
- Gathering hosted by 1T Friday 27th September
- Last day of Term 3– Friday 27th September
- First day of Term 4– Monday 14th October
- 6S Thalgarrah Excursion Thursday 17th October
- 5M Thalgarrah Excursion Friday 18th October
- Gathering hosted by 3/4H– Friday 25th October
- Stage 2 Coffs Harbour Excursion –

Monday 11th until Wednesday 13th November

CONTACT US

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• Newling Public School

80 Chapel Street Armidale NSW 350

PRINCIPAL'S REPORT

As we embrace the warmer weather, it's the perfect time to highlight the **school swimming scheme** that is in action for students in Kindergarten to Year 4. Learning to swim is not just a fun activity; it offers numerous benefits that contribute to our children's overall development. Benefits include:

- Swimming is a crucial life skill. By learning to swim, students gain confidence and knowledge about how to stay safe around water.
- Swimming is an excellent way for children to engage in physical activity.
- Group swimming lessons encourage teamwork and communication as students support each other and celebrate successes together.
- Swimming can boost mood and reduce anxiety, relieving stress and enhancing mental health.
- Mastering swimming skills instils a sense of accomplishment and boost confidence.
- Swimming is a skill that can be enjoyed throughout life.

As learners, children get to see amazing growth in their own abilities from the beginning of the program through to the end. Relating this growth to their learning in the classroom makes our children think more like learners.

Our plan to have a school relay team at zone swimming in the near future is in full swing. The Armidale Pool is due to open soon and we hope that children will get an opportunity to keep practicing swimming throughout the summer. A special thankyou to Mrs Waters, who has done a remarkable job in coordinating our swimming scheme.

In Week 2 of Term 4, our **Little Stars School Readiness** program moves into the next phase. This is where the children who are enrolled in our kindergarten class for next year are onsite without parents. Children need to be enrolled prior to starting this program and are not able to catch the bus.

It was great to spend last week on the **Sydney Excursion** with 30 of our Stage 3 students. Students participated in a hectic tourist schedule enjoying some of the sights around Sydney. It was a wonderful experience for all students that we know they all enjoyed. Thank you to Ms McGuire, Mr McNamara and Mrs Watts for giving us their week and for Mrs Watts for organising some interesting and fun activities.

Well done to our 3-6 students who have participated in the **school check-in** this week. Students complete the state wide literacy and numeracy check-ins to allow us to know how students are going in reading and maths, and writing for Year 6. The students demonstrated commitment to the task by increasing the time that they took to complete the task. A strong effort from everyone involved!

I look forward to seeing lots of families for an **End of Term Breakfast** this Friday from 8:30. This will be immediately followed by Gathering hosted by 1T as swimming continues in the afternoon.

As this is the last newsletter of the term, I hope that everyone has a safe and happy holiday. Please be mindful that there is no staff development day next term and students start **Term 4 on Monday, October 14.**

Kind regards,

Stephen Gadd Principal

Kindy Koalas Class News

Wow this term has just flown by. We only have 1 term left in Kindergarten! All the students have worked so hard this term and should be so very proud.

We started the term off with learning many facts about different animals and even learnt to type these facts on the computer. We have made a book with all our facts and can not wait to share it with everyone on the 50th Celebration later next term.

Next we learnt how things move and how to keep our bodies healthy. We really enjoyed making healthy wraps and yummy banana bread. We also enjoyed seeing how different objects move and which ones move the best.

Throughout the term we have been learning about our feelings and how our feelings affect our ability to learn, we know we need to be in the green zone, if we want to do our best learning. We are also working on ways to keep us in the green zone.

We had the best day at UNE for the multi-sports day. We learnt a lot of different sports and team work. And to finish the term, we have really been enjoying swimming lessons and have been so brave.

Mrs Waters and Miss Lennon have been so very proud of you all! We can't wait for next term!



K/1 Bunnies Class News

The Kindergarten/Year 1 Bunnies began Term 3 by being environmentally aware and learning about reducing, reusing and recycling and the consequences of not keeping our environment clean and litter-free. They learned where paper comes from and discovered that we can make paper by recycling used paper and therefore saving our precious trees. They used the paper we recycled to make Father's Day presents and created some art by reusing everyday items which could otherwise have gone to landfill.

This term, the students have each been allocated a news day on which they speak to the class about a given topic or share some news with the class. Through these daily news sessions, students are gaining confidence and skills to speak to an audience and are also learning to be active and respectful listeners when others are speaking.

Recently parent/teacher meetings were held to set new goals for students. All students have updated numeracy, literacy and personal goals to work towards.

The students are currently building their confidence and skills in the water and are looking forward to some well-earned rest and relaxation in the holidays.



School Photos

School photos were sent home from school on Tuesday with students who were at school. If you have not yet received yours, please contact the office.

School Uniforms

A big thank you to the families that have donated uniforms to the school that they no longer need.

Donations of second hand uniforms are always greatly appreciated.

We now have a good range of second hand uniforms in our clothing pool available for purchase.

There is also a variety of new uniforms available for purchase.

- Jumpers (no logo)- \$10
- Green polo shirts (no logo)- \$6
- Sport shirts- \$20
- Jackets- \$50

- Grey shorts-\$10
- Green pants- \$10
- Grey pants- \$10
- Hats- \$10

Save the date!!

Newling Public School 50 Year Anniversary Celebrations

We are currently planning our 50 year celebration for the dates of Friday 22nd and Saturday 23rd November.

If you would like more information about this please contact Stephen Gadd on 6772 1488.

September Birthdays

- Ross- 5th Chloe- 7th Lucas- 9th Bailey- 10th Elwyn- 10th
- Evan- 11th Ella- 11th Moesha- 13th Violet- 15th Lisa-18th

Jessie- 19th Jordyn- 21st Christian B- 22nd Leethan- 27th Zach- 30th



Attendance Awards

Each Monday we will be having a draw for any students' who had 100% attendance in the previous week. Two students will be randomly selected from our spinning wheel, and they will get to choose a book prize to keep.



Congratulations to our week 9 winners Kalani and Jannia. Congratulations to our week 10 winners Nixon and Reshard.

We are encouraging students to aim high- they need to be in it to win it!

Shout out to....

<u>Week 9</u>

Mrs Watts– because she helps me in class, she makes me happy, and she always makes me smile. From Annabelle

Miss Williams – because she supports the teachers and students when needed and she is always wonderfully creative and positive. From K/1 Bunnies

<u>Week 10</u>

Raven- For being a good friend others, she helps people. From Bridget

Domitree – For being a great friend to Luca when he is upset. From Raven

Miss Winsor- Because she always makes mw smile. From Ella



Please ensure your child brings a labelled water bottle to school each day.

> A piece of fruit or veg is also needed each day for 'Crunch'n'Sip'.



End of Term Breakfast

This Friday 27th September, we will be holding a free end of term breakfast starting at 8.30am.

Parents, carers and students are invited to join us for a bacon and egg roll or a sausage sandwich.

The breakfast will be followed by our Gathering at 9am which will be hosted by 1T, this is earlier due to swimming lessons.

There will be no canteen on Friday.







NEWLING LITTLE * STARS * TRANSITION 2024

LOCATION Newling Hall

DATES AND TIMES

Weeks 2-6 Wed & Thurs 9am to 1pm Weeks 7-8 Wed & Thurs 9am to 2pm (Please bring crunch & sip, morning tea and lunch)

T<u>IMPORTANT INFOMATION</u>

*Enrolment forms MUST BE completed

before attending. *Parents/Carers **MUST** sign students in & out each day at drop off & pick up times *Students **ARE NOT** to travel by school bus.

SCHOOL ATTENDANCE

ATTEND TODAY. ACHIEVE TOMORROW.

Regional Office of Education #11 Kyle Thompson, Ph.D. Regional Superintendent

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COMMUNITY NOTICES



School Holiday

Activities @ Armidale & Guyra Libraries

> 30 September 11 October, 2024





Library School Holiday Program Sept-Oct 2024

Armidale Library

Date	Activity	Booking
Mon 30 Sept	UNE Discovery (k-Yr8) 10:30am - 11:15am: "Busy Bots" (Robots and Coding) 12:15pm - 1pm: "Plants, Poop & Pollinators" (Insects & Microscopes)	Booking Required
Tues 1 Oct	10:30am - Teddy Bears Picnic Storytime (5 years and under) Moming tea Provided Bring Teddy!	Booking Required
Tues 1 Oct	10am - 12pm or 2pm - 4pm. Digital Makerspace Open Day	Booking Required
Wed 2 Oct	UNE Discovery (k-Yr8) 10:30am - 11:15am: "Think like a rock" (Geology of New England) 12:15pm - 1pm: "Magic of Physics" (Energy & Forces)	Booking Required
Thurs 3 Oct	From 9.30am - LEGO free play all day.	No Bookings
Fri 4 Oct	10:30am - 11:30am or 2:30pm - 3:30pm - DIY Craft Stations (All Ages)	Booking Required
Tues 8 Oct	9:30am - 5:30pm - HSC Study Session	No Bookings
Wed 9 Oct	9:30am - 5:30pm - HSC Study Session	No Bookings
Thurs 10 Oct	9:30am - 5:30pm - HSC Study Session	No Bookings
Fri 11 Oct	9:30am - 5:30pm - HSC Study Session	No Bookings

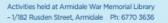


Library School Holiday Program Sept-Oct 2024

Guyra Library

Date	Activity	Booking
Tues 1 Oct	10:30am - 12pm or 2pm -3:30pm - LEGO Challenge (All Ages)	Booking Required
Wed 2 Oct	10:30am (1hr & 34 mins) Movie Morning: "Kung Fu Panda 4". Popcorn & Water Supplied. Under 10s must be accompanied by a responsible adult.	Booking Required
Fri 4 Oct	10:15am - 4:30pm - Virtual Reality (Ages 10+)	Booking Required
Tues 8 Oct	10:30am - 12pm or 2pm - 3:30pm - Sphero Fun!	Booking Required
Tues 8 Oct	10am - 5pm - HSC Study Session	Booking Required
Wed 9 Oct	10am - 5pm - HSC Study Session	Booking Required
Thurs 10 Oct	10am - 5pm - HSC Study Session	Booking Required
Thurs 10 Oct	10:15am - 4:30pm - Virtual Reality (Ages 10+)	Booking Required

Activities held at Guyra LT Starr Memorial Library - 158 Bradley St, Guyra Ph: 6770 7123







OCTOBER School Holiday Programs



TIME: 9:00am - 3:00pm | AGES: 6 - 12 yrs | COST: \$43 per day (Active PCYC Membership required) WHAT TO BRING: Water bottle, lunch, enclosed shoes and comfortable clothes that may get staine during play and creative time.

DATE	ACTIVITY
WEEK 1	
Mon 30 Sep	YOUNG INVENTOR DAY - A day full of experimenting and making things with STEM activities
Tue 01 Oct	TRAINING DAY - Get ready for an active day with Boxing, Boot camp, Obstacle course and more!
Wed 02 Oct	BRAIN BOOSTER DAY - Let's work on some code breaking, memory games, puzzles and quizzes.
Thu 03 Oct	SPORTS & DRILLS DAY - Learn and practice some new skills & drills and play sports games!
Fri 04 Oct	MEET MY SQUAD DAY - Get into the team spirit and compete in our friendly races and challenges
WEEK 2	
Mon 07 Oct	PUBLIC HOLIDAY - CLUB CLOSED
Tue 08 Oct	MESSY DAY - Embrace the love of mess, get your hands dirty with some messy crafts & activities!
Wed 09 Oct	ADVENTURERS PUZZLE & PLAY DAY - Obstacle course, treasure hunt, puzzles and more!
Thu 10 Oct	HEALTHY HEART DAY - Join us for a colourful day full of fitness, mindfulness and games!
Fri 11 Oct	MINUTE TO WIN IT DAY - Let's play some fun quick games & score points in exciting challenges!

BOOKINGS: Please book your spot via e-mail armidale@pcycnsw.org.au or drop into the club at 176 Rusden Street. We accept Creative Kids vouchers for School Holiday Programs. Please note that an active PCYC membership is required fr activities (Junior membership \$15 per year). Scan the QR-code, e-mail or call us on 02 6772 1023 for any further information. rehin is required for all







Play cricket with **HILLGROVE COLTS CRICKET CLUB**

Season starts mid October Games played Saturday mornings from 8.45 - 11.00am

Mixed competition for girls and boys, with different formats tailored to each age division.



For further information, contact: Andrew Byrne - 0418 412 042

U9 & U11: \$110 - U13 & U15: \$125 Register now at hillgrovecricket.org ACTIVE KIDS VOUCHERS ACCEPTED





Keep an eye on screentime

Screens have increasingly become part of children's lives and can often be helpful and enjoyable for families. They can offer children opportunities to connect with friends and extended family, express creativity and learn.

Children and young people aged 5-17 years should limit sedentary recreational screentime to no more than 2 hours per day (excluding schoolwork).

While screen time has many benefits, long periods of time spent in front of screens can impact a child's growth and development including:

- Physical heath
- Mental wellbeing
- Ability to form social connections
- Sleep

Switch the screen for other activities:

- Games
- Sports
- Bike riding
 Dancing
- Puzzles
- Walking



Source: The Sydney Children's Hospital Network (www.schn.bealth.nsw.gov.au)
Developed by Hunt
One Children's Hospital Network (www.schn.bealth.nsw.gov.au)

the land that we live and work on

od for Kids acknowledge the traditional owners and custodians of the land that we live and work on a the first people of this country, and pay our respects to Elders past and present.

<mark>Sun</mark>smart Snippet

Choose a sun smart hat.

A broad-brimmed, bucket or legionnaire style hat is a simple, effective way to protect your face, head, neck and ears.







Wearing a sun smart hat everyday protects your face, head, neck and ears, and reduces the amount of UV radiation reaching your eyes by 50%.

Baseball caps and sun visors DO NOT protect the cheeks, ears and back of the neck and are not recommended.

sunsmartnsw.com.au





Get the kids food shopping

Going food shopping with the kids can be difficult at times, but it's a great way to get the kids interested in trying new foods.

Get the kids to:

- Pick out one new vegetable for the whole family to try
- Pick a different coloured fruit to try each week
- Use our label reading tool to start learning about the foods they eat

